#### COVID-19 symptoms and cases - actions for Schools

Document informed by: Guidance for schools & sits within context of the: Coventry, Solihull and Warwickshire Outbreak Control Plan



## Index case

Person who develops symptoms or has positive LFT/ PCR test result

Close contacts

Including household

contacts

# Individual has a positive LFT result or develops COVID-19 symptoms

- Immediately start self-isolation and arrange COVID-19 test.
- PCR tests can be arranged through the online portal or via 119.
- During self-isolation, individuals should follow <u>'stay at home'</u> guidance
- If an individual does not have a PCR test within 2 days of positive LFT, they must self-isolate for 10 days.

#### Individual receives PCR test result

If PCR result is negative: end self-isolation when well and have not had a temperature for 48 hours (as long as nobody else in household is symptomatic or has tested positive)

#### If PCR result is positive:

- Continue to self-isolate for 10 full days after the day of symptom onset/test (if no symptoms) which is day 0
- Self-isolation ends on day 11 if well and no fever on days 9 and 10. If fever ongoing on days 9 or 10, continue to self-isolate until fever-free for 48 hr and well.
- Cough and loss/change in taste/smell may continue beyond day 10.
- If symptoms start whilst isolating, isolation period starts again day of symptom onset = day 0

If PCR result of index case is negative: contacts self isolating can end self-isolation if no symptoms

Action depends on age and vaccination status.

### Unvaccinated adults (age over 18 years 6 months)

· Self-isolate until index case receives PCR test result.

Child **OR** adult who had second vaccine dose at least 2 weeks before contact

 No requirement for self-isolation, but should be asked to have a PCR test and continue twice weekly LFT testing

If the individual is in the setting when they become symptomatic: Isolate individual and arrange for them to go home (or call 999 if seriously unwell). If possible, should isolate behind a closed door or

2m away from others, with an open window. Clean isolation room (and bathroom if used).

#### Notification

- Notify all case to Warwickshire County Council Report a positive
  case.
- Contact: educationcorona@warwickshire.gov.uk (Mon Fri)
- Contact dphadmin@warwickshire.gov.uk (Sat Sun)
- Notify Ofsted
- LA (with Public Health England/UK HSA as appropriate) will complete a risk assessment, provide advice, and determine whether an Incident Management Team meeting required.

#### Identification of close contacts

- Schools should identify close contacts who need to self-isolate or test (see self-isolation/testing rules above and close contact definitions to right).
- Schools should send letter to contacts (provided by LA)

If PCR result of index case is positive: action depends on age and vaccination status. Unvaccinated adults (age over 18 years 6 months)

- Continue to self-isolate for 10 clear days after the day of last contact with index case.
- If develop COVID-19 symptoms, arrange PCR test as soon as possible.

Child OR adult who had second vaccine dose at least 2 weeks before contact

- No requirement for self-isolation.
- Arrange PCR test, and continue with twice weekly LFT testing

**COVID-19 symptoms:** New, continuous cough **OR** high temperature **OR** loss/ change in sense of taste or smell. Anyone with these symptoms should start self-isolating and arrange a COVID-19 test. Other possible COVID-19 symptoms include: tiredness, shortness of breath, headache, sore throat, muscle ache, blocked/runny nose diarrhoea and vomiting.

**LFT:** Lateral flow tests are for asymptomatic screening only. **ALL** positive LFT results must be confirmed by a PCR test. LFTs should not be used for individuals with symptoms.

Close contacts: anyone who has had the following contact with the index individual:

- · Face-to-face for any length of time
- Within 1 metre for 1 minute or more.
- Within 1-2 metres for 15 mins or more (either as a one-off contact for over 15 minutes, or shorter contacts added together over one day)
- Travel in a vehicle
- Note all children in the same classes/group may be close contacts, plus any others identified e.g. break times, lunch times, before and after coming into the setting (including on transport)

**Period when to contact trace:** Contact trace for the two clear days prior to the day of symptom onset/test (if no symptoms) and isolate for the 10 full days after this day. Example: if symptom onset (and day they were last in setting) was on Wednesday, then trace for Wed, Tues, and Mon

Cleaning: Please refer to detailed guidance for cleaning of non-healthcare settings and for both routine cleaning, and cleaning following an infectious person having been in your follow the key points below:

- Use disposable cloths or paper roll and disposable mop heads.
- Use, as in cleaning routine, a combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine (ppm av. Cl.) OR household detergent followed by disinfection (1000ppm av. Cl.) OR if an alternative combined detergent/disinfectant is used ensure it is effective against enveloped viruses and meets EN 14476 standards (including any wipes used)
- Any waste from suspected cases and cleaning of areas should be double bagged and stored for 72 hours before disposal as normal.

# Schools