

Woodloes Primary School PSHE and RSE Long Term Curriculum Plan

For Reception to Year 6, PSHE and RSE sessions are planned and delivered using the 3D PSHE and Medway Primary PSHE Schemes. In addition to this, each year group receives Protective Behaviour sessions.

	Autumn		Spring		Summer	
	a	b	a	b	a	b
Reception	Settling in Making friends To be confident when making new friends To describe how we feel and why we feel that way	Making relationships	Goals: To express own feelings and to consider the feelings of others. Begin to think about the perspectives of others Protective Behaviours	Self-confidence/ awareness	To learn about road safety rules Explore clothing people wear when travelling on certain modes of transport	Managing feelings/behaviour
Year 1	Rules and Expectations Protective Behaviours	Feelings and Responses	Healthy Bodies	Behaviours and Safety	Family and Friends	Keeping Safe
Year 2	Belonging Protective Behaviours	Consequences and Co-operation	Keeping Healthy	Changing Bodies	Behaviour and Responsibilities	Emotions and Choices
Year 3	Keeping Healthy Protective Behaviours	Listening and Community	Safety and Taking Charge	Friendship and Loss	Change and Emergencies	Health and Relationships

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Year 4	Transition Protective Behaviours	Realising Strengths and Setting Goals	Internet Use Persistence and Resistance	Making Choices	Keeping Healthy	Family and Friends
Year 5	Community Protective Behaviours	Managing conflicts and loss	Confidentiality, respect and responding	Healthy Choices	Rules, rights and responsibilities	Health and growth (including puberty)
Year 6	Protective Behaviours	Money choices Making money	Healthy bodies and minds	Illness and commitments	Race, gender and culture	Realising strengths and setting goals