

Woodloes Primary School PSHE and RSE Long Term Curriculum Plan

For Reception to Year 6, PSHE and RSE sessions are planned and delivered using the 3D PSHE and Medway Primary PSHE Schemes. In addition to this, each year group receives Protective Behaviour sessions.

| | Autumn | | Spring | | Summer | |
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| Reception | Settling in Making friends To be confident when making new friends To describe how we feel and why we feel that way | Making relationships | Goals: To express own feelings and to consider the feelings of others. Begin to think about the perspectives of others Protective Behaviours | Self-confidence/awareness | To learn about road safety rules Explore clothing people wear when travelling on certain modes of transport | Managing feelings/behaviour |
| Year 1 | Rules and Expectations Protective Behaviours | Feelings and Responses | Healthy Bodies | Behaviours and Safety | Family and Friends | Keeping Safe |
| Year 2 | Belonging Protective Behaviours | Consequences and Co-operation | Keeping Healthy | Changing Bodies | Behaviour and Responsibilities | Emotions and Choices |
| Year 3 | Keeping Healthy Protective Behaviours | Listening and Community | Safety and Taking Charge | Friendship and Loss | Change and Emergencies | Health and Relationships |

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| Year 4 | Transition Protective Behaviours | Making Choices | Internet Use Persistence and Resistance | Realising Strengths and Setting Goals | Family and Friends | Keeping Healthy |
| Year 5 | Community Protective Behaviours | Managing conflicts and loss | Confidentiality, respect and responding | Healthy Choices | Rules, rights and responsibilities | Health and growth (including puberty) |
| Year 6 | Protective Behaviours | Money choices Making money | Healthy bodies and minds | Illness and commitments | Race, gender and culture | Realising strengths and setting goals |