

Woodloes Primary School PE Long Term Curriculum Plan

Members of school staff and the Onside Coaching team plan and deliver in-school Physical Education sessions using the Primary PE Scheme to support the process and to ensure full coverage of the National Curriculum. Swimming sessions (for Year 4, 5 and 6 pupils) and planned and delivered by Warwick St Nicholas Park Leisure Centre trained swimming instructors.

	Autumn		Spring		Summer	
	a	b	a	b	a	b
Year 1	Fundamental movement Dance (fairy tale focus)	Net/wall games (general) Yoga	Gymnastics Orienteering and Outdoor Adventure	Hockey Multi skills	Athletics Fitness	Cricket Athletics Sports Day
Year 2	Net/Wall games (general) Tennis	Handball Football	Gymnastics Yoga	Hockey Dance	Cricket Athletics	Athletics Rounders Sports Day
Year 3	Netball Dodgeball	Yoga Handball	Quicksticks Gymnastics	Fitness Football	Dance – Egyptian Athletics	Kwick Cricket Rounders Sports Day
Year 4	Fitness Tag Rugby	Quick Sticks (Hockey) Gymnastics	Dance (Science) Dodgeball	Netball Mini Muay Thai	Swimming Cricket	Swimming Athletics Sports Day
Year 5	Hockey – quick stick Indoor athletics	Gymnastics Dance	Swimming Net and wall (Tennis)	Swimming Netball	Outdoor and adventurous Yoga	Athletics Sports Day Rounders
Year 6	Swimming Quick cricket	Swimming Fitness	Olympic Dance Gymnastics	Mini Muay Thai Football	Athletics Outdoor and adventurous	Rounders/ Tag rugby Sports Day