

Woodloes Primary School PE Long Term Curriculum Plan

Members of school staff and the Onside Coaching team plan and deliver in-school Physical Education sessions using the Primary PE Scheme to support the process and to ensure full coverage of the National Curriculum. Swimming sessions (for Year 4, 5 and 6 pupils) are planned and delivered by Warwick St Nicholas Park Leisure Centre trained swimming instructors.

	Autumn		Spring		Summer	
	a	b	a	b	a	b
Year 1	Fundamental movement Dance (fairy tale focus)	Net/wall games (general) Yoga	Gymnastics Orienteering and Outdoor Adventure	Hockey Multi skills	Athletics Fitness	Cricket Athletics Sports Day
Year 2	Net/Wall games (general) Tennis	Handball Football	Gymnastics Yoga	Hockey Dance	Cricket Athletics	Athletics Rounders Sports Day
Year 3	Netball Dodgeball	Yoga Handball	Quicksticks Gymnastics	Fitness Football	Dance – Egyptian Athletics	Kwick Cricket Rounders Sports Day
Year 4	Fitness Tag Rugby	Quick Sticks (Hockey) Dodgeball	Dance (Science) Gymnastics	Netball Hockey	Swimming Cricket	Swimming Athletics Sports Day
Year 5	Hockey – quick stick Indoor athletics	Gymnastics Netball	Swimming Dance	Swimming Yoga	Rounders Outdoor and adventurous	Athletics Net and wall (Tennis) Sports Day
Year 6	Swimming Olympic Dance	Swimming Fitness	Outdoor and adventurous Gymnastics	Mini Muay Thai Football	Quick cricket Athletics	Rounders Tag rugby Sports Day