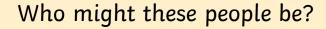




Getting Help

There are people who help us every day in everyday situations; people who we

know and trust.



Why might we need their help?



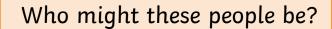




Getting Help

Sometimes, we might need help in emergency situations from people whose

job it is to help others.



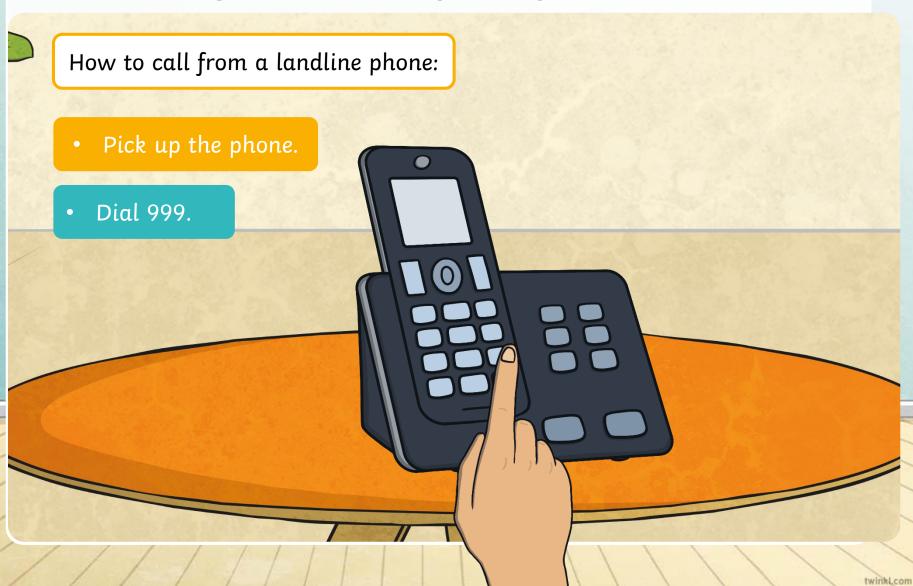
Why might we need their help?





When we need help in an emergency situation, we need to call the emergency services.





How to call from a locked iPhone (one that isn't yours and needs a passcode to be used) version 8 or later:

- Pick up the phone.
- Press and hold the side button and one of the volume buttons until the 'Emergency SOS' slider appears.
- Drag the 'Emergency SOS' slider to call the emergency services.



OR

- Pick up the phone.
- Press and hold the side button and one of the volume buttons without letting go. A countdown will start. If you hold down the buttons until the countdown finishes, the iPhone will automatically call the emergency services.



How to call from a locked Android phone (one that isn't yours and needs a passcode to be used):

- Pick up the phone.
- Swipe the phone screen so it takes you to the 'lock screen'. An 'Emergency' or 'Emergency Call' button will appear at the bottom of the screen.
- Press this button and a dial pad will appear.
- Dial 999.



With a pattemery of relevise intaking and encorporate sure to:

- Wait for the call handler to speak to you.
- Tell the call handler which service you need (police, fire, ambulance, coastguard). If you are unsure, don't worry. They will help you get the right service.
- Answer any questions they ask you. This will include your name, where you are and what the emergency is.
- Listen to what they tell you to do and follow their instructions carefully.





