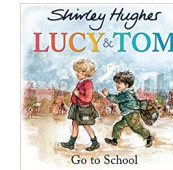




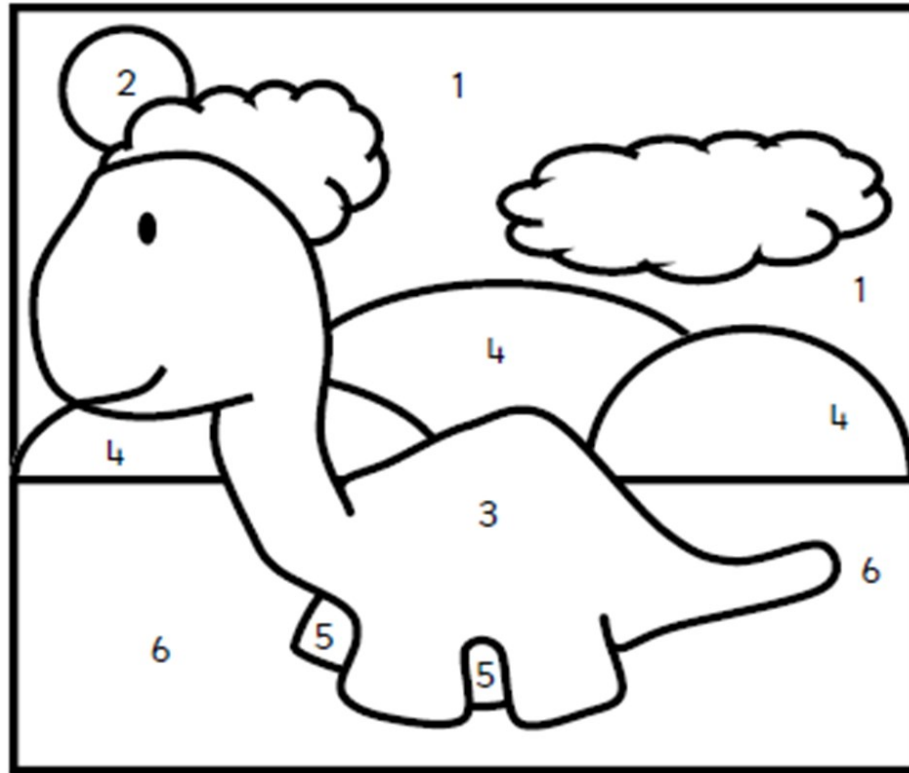
**GETTING READY FOR SCHOOL**

# Checklist for you ...



- ☐ Read a story book about starting school.
- ☐ Establish a school friendly bedtime before starting school.
- ☐ Talk about how starting school is an exciting experience and go to any transition sessions before September that the school provides
- ☐ Encourage independence when getting dressed and undressed.
- ☐ Label everything—clothes, socks, shoes etc! If you don't have labels, a sharpie can work well.

# Practice Number Recognition



1 = 

2 = 

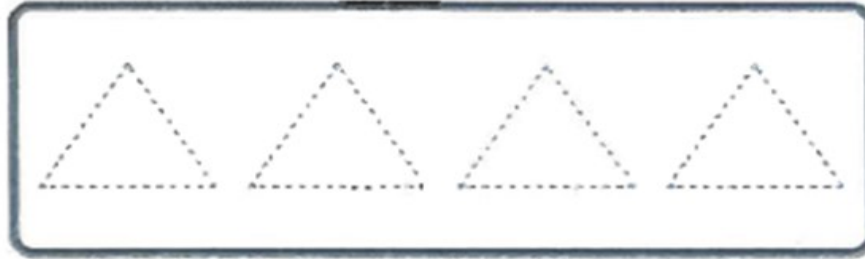
3 = 

4 = 

5 = 

6 = 

# Practise Pencil Control



# Checklist for your child ...

- ☐ Help your child to recognise their name and start to write it with correctly formed letters.
- ☐ Encourage a correct pencil grip and celebrate any form of writing or drawing that they do!
- ☐ Recognise familiar numbers in the environment e.g. birthday cards, house numbers etc.
- ☐ Count up to 20 and back down to 0 through games such as hide and seek.  
Eat using a knife and fork.
- ☐ Independently get dressed and undressed (although may still need help with buttons and fiddley zips).
- ☐ Go to the toilet and wash hands independently.